

QUIT

Smoking during cancer treatment

Cancer treatment is tough...
Smoking can make it tougher

Quitting smoking during your cancer
treatment can:

- reduce your treatment side effects
- reduce your risk of infection
- improve your wound healing if your treatment involves surgery
- reduce your risk of cancer recurrence
- improve your breathing and energy

Remember it is never too late for you to quit smoking.





Smoking during your cancer treatment reduces oxygen levels in the body, this may affect your cancer treatment.

Surgery and smoking

- If you smoke you may have more complications from your surgery
- Your wound healing and recovery is slower and there is an increased risk of infection

Chemotherapy and smoking

- Your treatment may not work as well
- There may be an increased risk of heart and lung complications

Radiotherapy and smoking

- Smoking may reduce how well treatment works
- Side effects of treatment may be worse and last longer

Quitting using the HSE's Quit service makes you twice as likely to quit for good

Freephone: 1800 201 203

Freetext: Text QUIT to 50100

Web: www.quit.ie